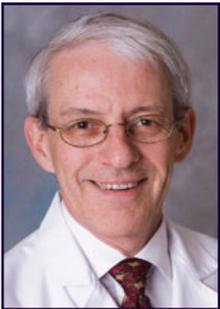




Newsletter

Summer 2013 Volume VI, Issue 2

Letter From the Chairman



Greetings friends and colleagues,

This summer we said farewell to retiring faculty members Drs. Jo Ann Brockway and Mary Pepping as well as Director of Finance and Administration Ann Reite. Dr. Brockway, a gifted psychologist, researcher, and educator, retired after 38 years on the faculty. Dr. Pepping, a significant contributor to rehabilitation psychology patient care, education, and research, departed after 17 years. Ann Reite, whose leadership was instrumental to the growth of our Department, served as our Director for nearly 17 years before retiring this past June.

On the research front, I am pleased to announce that Sarah "Sally" Westcott McCoy, PhD, and Janna Friedly, MD, were both awarded Patient-Centered Outcomes Research Institute (PCORI) grants. Dr. McCoy's research efforts will focus on giving families and care providers of children with Cerebral Palsy tools for identifying the best rehabilitation services available. Dr. Friedly's research will focus on long-term outcomes of epidural steroid spinal injections for spinal stenosis in the elderly. To learn more about their research as well as the other research activities in our Department, please turn to page 4.

Please join me in congratulating our faculty on their recent promotions (page 7) and welcoming our new residents and Director of Finance and Administration Marilyn Hall. You can learn more about Marilyn on page 8.

Thank you for your continued interest and support of the Department. Contact us at rehab@uw.edu if you have any questions, comments, or contributions.

*Peter Esselman, MD, MPT
Professor and Chairman*

Spotlight: Saying Goodbye to Drs. Brockway and Pepping



Dr. Jo Ann Brockway

A member of the Rehabilitation Medicine faculty since 1975, Dr. Jo Ann Brockway officially retired on July 9, 2013. Dr. Brockway, a gifted and dedicated psychologist, researcher and educator, will be greatly missed by faculty, staff and trainees.

Dr. Brockway's career has spanned the decades, institutions and clinical populations. It is rumored that having come from the University of Minnesota, a hot-bed of MMPI (psychological testing) research, clinched the job for her when she was hired by Dr. Lehmann. She began working at University of Washington Medical Center (UWMC) where she per-

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CALENDAR:

- **5th Annual TBI Art Show**
September 8 - 29, 2013.

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formed inpatient and outpatient clinical work. Her early research was in spinal cord injury and sexuality. Later, also at UWMC, she worked with Dr. Bill Fordyce treating and studying patients with chronic pain. When Dr. Stolov became Department chair, she shared the responsibilities of being head of the psychology division with Dr. Sureyya Dikmen.

She left to work at Providence Medical Center and Swedish Hospital, but always retained an affiliation with the University and in 2002 the Department lured her back to work at Harborview Medical Center. She worked as an attending psychologist on the inpatient rehabilitation unit and also in the Comprehensive Outpatient Rehabilitation Program, counseling patients with various disabling conditions. Additionally, she helped the rehabilitation team work more effectively with patients and their families.

Throughout her career, Dr. Brockway has been involved in teaching. She was a supervisor for our clinical psychology residents and post-doctoral fellows and has lectured in classes for PTs, OTs, P&O and Rehabilitation Sciences students.

Eventually her experience, clinical skills, and critical thinking, led her to become a collaborator for behavioral intervention clinical trials. She is currently involved in three federally funded research projects, which pertain to caregivers of individuals with TBI, self-management of anger, and a large telemedicine clinical trial involving military personnel with TBI. She will continue her involvement with these research studies as an emeritus professor.

Dr. Brockway's other contributions are less tangible though no less important. Faculty members have relied heavily on her support and wise advice throughout the years. Colleagues consider her a cherished friend, collaborator and confidant. Her family has always been vitally important to her and having children led to her working part-time during phases of her career. Not surprisingly, one of the reasons for the timing of her retirement is the birth of her granddaughter. Jo Ann looks forward to spending more time with her after her clinical responsibilities end.

We thank Dr. Brockway for all that she has done for our department and wish her the very best in her future endeavors!

Dr. Mary Pepping

Dr. Mary Pepping officially retired on July 13th after nearly 17 years on faculty. Dr. Pepping's work in the department has been most notable for her commitment and significant contributions to rehabilitation psychology patient care, education and research. Since 1999, she has served as Director of both our Neuropsychology Testing Service and our UWMC outpatient Neuro-Rehabilitation Program (NRP).

As Director of the Neuro-Rehabilitation Program, Dr. Pepping has created a highly regarded and respected program that uses a holistic approach in treating and helping patients with brain injury or neurologic injury return to work, school or productive community activities.



As a clinician, Dr. Pepping performed innumerable neuropsychological evaluations, helping patients understand their areas of ability and difficulty and how to improve or maintain function in their thinking and interpersonal skills. Dr. Pepping, with her caring, thoughtful and thorough approach, has helped countless patients and their families navigate the road to recovery after a devastating injury or illness.

Teaching and training have been an important part of Dr. Pepping's career as a clinician educator. She has provided clinical supervision to our rehabilitation psychology postdoctoral fellows and pre-doctoral clinical psychology residents. In addition, she has given countless lectures to a truly multi-disciplinary audience of interns, residents, and fellows from rehabilitation psychology, rehabilitation medicine, and psychiatry and behavioral sciences, as well as graduate students in occupational therapy, physical therapy, prosthetics and orthotics, and speech language pathology.

Over the years, Dr. Pepping's research has focused on a number of areas including: long-term psychosocial outcome for individuals with brain injuries ranging from mild to severe; neuropsychological features of multiple sclerosis, brain tumors, and other forms of acquired brain injury and their implications for individual function; review of effective outpatient treatment programs; cognitive rehabilitation as part of interdisciplinary neuro-rehabilitation.

Dr. Pepping will continue research and writing projects with her University of Washington colleagues. She will be greatly missed by patients, colleagues and trainees alike.

2013 JUSTUS F. LEHMANN SYMPOSIUM A SUCCESS

The Department of Rehabilitation Medicine sponsors an annual symposium in honor of Justus F. Lehmann, M.D., who chaired the department from its founding in 1957 until 1986.

The 2013 JFL symposium focused on outcomes measurement in rehabilitation research and practice. We were fortunate to have an outstanding group of speakers share their work and knowledge on a number of topics in this area, including talks on the selection of effective measures for use in rehabilitation research, measurement models for children with CP, assessment of gait, and measurement of participation outcomes in

speech-language pathology. This year's keynote speakers were Carolyn Baum, PhD, OTR/L, FAOTA, the Elias Michael Director and Professor of Occupational Therapy and Professor of Neurology at Washington University in St. Louis.



Congratulations to the 2013 Stolov Award Winners

In honor of Dr. Stolov and his wife, the Walter C. and Anita C. Stolov Research Fund supports research training through research projects within the Department. Congratulations to the 2013 recipients:



Molly Fuentes, MD

Fellow, Pediatric Rehabilitation Medicine

"The outpatient experience and functional outcomes of American Indian and Alaska Native children who discharged from inpatient pediatric rehabilitation," and "Functional outcomes among American Indian and Alaska Native children in inpatient pediatric rehabilitation at facilities using the Uniform Data System for Medical Rehabilitation"



Namrata Grampurohit, OTR/L

PhD Candidate, Rehabilitation Medicine

"Preliminary development of an item bank to measure performance-based and self-reported arm and hand function in people with neurological disorders"



Cheryl Kerfeld, PhD, PT

Acting Assistant Professor Department of Rehabilitation Medicine, Division of Physical Therapy

"Use of accelerometry, geographic information systems, and global position systems to objectively quantify environmental facilitators and barriers to physical activity and participation of children who use assistive devices: wheelchairs, walkers, crutches"



Jared Olson, MD

Acting Instructor, Rehabilitation Medicine and Attending Physician UWMC/HMC

"Characterizing subcutaneous-recorded cortical signals for use in brain-computer interface"



Alexandra Terrill, PhD

Post-doctoral Fellow, Rehabilitation Psychology Department of Rehabilitation Medicine

"Resilience in Aging with Disability"

2013 SCI Wellness Summit

The second SCI Wellness Summit took place on May 18 at the UW South Campus Center, drawing 150 SCI consumers, providers and students. The free, half-day educational program was jointly presented by the Northwest Regional SCI System and the SCI Transitions and Wellness Program in the UW Department of Rehabilitation Medicine. The event featured several presentations, including keynote speaker Daniel Lamertse, MD, from Craig Hospital and the Rocky Mountain SCI System (Colorado) who spoke on “SCI Research and the Hope for Cure: Where Are We Today?” There was a display of art by individuals with SCI, a raffle, and equipment manufacturers and distributors who provided underwriting support.



Dr. Rina Reyes opens the 2013 SCI Wellness Summit on May 18 before a crowd of 150 individuals.

“We are thrilled not only with the attendance at this year’s SCI Wellness Summit, but the enthusiastic support of the symposium by volunteers, the artists, and speakers that was critical to its success,” said Dr. Rina Reyes, Medical Director of UW Medicine SCI Rehabilitation. “The UW Medicine SCI Core Group, which oversaw the planning and development of the Summit, especially enjoyed the energy and engagement of the participants in the various presentations, and was pleased to be able to support educational enhancement, networking and mentorship opportunities in our local community.”

Rehabilitation Medicine receives 2 of the UW’s first 3 PCORI awards!

In only the second cycle of awards from the new federally-funded Patient-Centered Outcomes Research Institute (PCORI), the Department of Rehabilitation Medicine has received two of the first 3 PCORI grants awarded to the UW. These two projects comprise 4.5% of the cumulative \$88.6M in awards funded by PCORI nationwide, and 42% of the 5 grants awarded to Washington State (2 in Cycle I, and the 3 UW awards in Cycle II).

Sarah “Sally” Westcott McCoy, PhD, will receive \$1,906,955 over 3 years for “Developmental Trajectories of Impairments, Health, and Participation of Children with Cerebral Palsy,” which is designed to help families of children with CP address the question “What will happen to my child?” and give both families and service providers the tools to identify the best rehabilitation services available. More details available [here](#).

Janna Friedly, MD, will receive \$2,083,527 over 3 years for “Long Term Outcomes of Lumbar Epidural Steroid Injections for Spinal Stenosis,” which will provide extensive data on the baseline characteristics of older adults with spinal stenosis, the factors that influence their decision-making regarding treatment, and how these characteristics and factors influence treatment outcomes. More details available [here](#).

VA Section Award: Outstanding Researcher

Dr. Aaron P. Turner, PhD., ABPP (RP), has received the VA Section award for Outstanding Researcher. Dr. Turner is a primary investigator in the VA Multiple Sclerosis Center of Excellence and the VA Center of Excellence in Substance Abuse Treatment and Education.

Dr. Turner’s research interests include healthy behavioral changes in chronic disease and quality of life and cognitive functioning in patients with MS. His clinical interests include rehabilitation for MS, traumatic brain injury, and adjustment to disabilities.

Please join us in congratulating Dr. Turner on this impressive achievement!

Congratulations Resident Class of 2013

Please join us in honoring the achievements of our graduating class of Residents!



Mary Elizabeth Air, MD

Aaron Bunnell, MD

Kyle Comrie, MD

Joseph Elias, MD

Matthew Grierson, MD

Andrew Hsu, MD

Elana Katz, MD

Levi Miller, DO

Nathan Rosenberg, MD

Kirk Whetstone, MD



The PhD Program in Rehabilitation Science congratulates its five 2012-2013 graduates! (L to R) Deanna Britton, Cecille Corsilles-Sy, Elena Donoso Brown, Jennifer Nash, Michael Burns bring the total of program graduates to ten. The inaugural six students entered the program in 2006. There are currently 12 students in the program, which enrolls every other year. Donoso Brown was chosen to serve as Gonfalonier for the University of Washington Graduate School at the 138th Commencement Ceremony.

Dr. Robert Fraser completes year as president of the Emerald City Rotary

Robert Fraser, Ph.D., professor in Rehabilitation Medicine, Neurology, and Neuro-surgery has just completed one year of service as president of the Emerald City Rotary Club. In this role he has been able to keep disability issues and employment for people with disabilities at the forefront for local businesses. The annual Employer Recognition Ceremony honoring employers making special efforts to recruit qualified workers with disabilities was held at the UW Club on campus. For many years, Dr. Fraser has chaired the Rotary Club's Vocational Services Committee which provides a career day for students with disabilities and links individuals with disabilities with potential employers.

6 **Welcome Residents!**

The department would like to extend a warm welcome to our new Rehabilitation Medicine Residents!

R1s:



Benjamin Bonte, MD



Jennifer Soo Hoo, MD



Sarah Wittry, DO

R2s:



Erin Andrade, MD



Erica Bechtel, MD



Julia Daher, MD



Nathan Olafsen, MD



Kelsy Parker, MD



Brian Snitily, MD



Ryan Solinsky, MD



Kilby Yarbrough, MD



Melissa Goddard (pictured left), PhD candidate in the Childers Lab, received a travel grant to American Society for Gene and Cell Therapy. Her platform presentation was respiratory function in a canine model of X linked myotubular myopathy following regional limb perfusion with recombinant AAV8- MTM1.

Dr. Janna Friedly discusses back pain on Dr. Oz show

Watch: <http://www.doctoroz.com/episode/dr-ozs-pain-clinic?video=19175>

Faculty News, Awards & Honors:

UW Medicine Award for Excellence in Mentoring

Dr. Deborah Kartin has received the 2012 UW Medicine Award for Excellence in Mentoring. Dr. Kartin is committed to incorporating an interdisciplinary perspective in her courses for the DPT program that include content related to professional development, evidence-based practice, measurement, and critical analysis of the research literature. She also teaches core courses for the Ph.D. Program in Rehabilitation Science.

One of Dr. Kartin's nominators said: "She has the capacity of being able to draw out the best in each person, helping each person define and achieve his or her dreams. She is a person who helps each of us be better than we would have been without her mentorship."

The award recognizes the need for mentoring of women faculty. The award selection committee is the Dean's Standing Committee on Issues of Women Faculty.

New Faculty Appointments and Promotions:



Carolyn Baylor, PhD is appointed as assistant professor. Dr. Baylor, speech language pathologist, specializes in voice disorders, head and neck cancer, and neurogenic communication disorders. Her research focuses on outcomes measurements, specifically self-report measurements of psychosocial constructs for adults with communication disorders.



Cheryl Kerfeld, PT, PhD is appointed as acting assistant professor. Dr. Kerfeld teaches courses in the Doctor of Physical Therapy program. Dr. Kerfeld's research interests include global maternal child health, health disparities, cultural competency, on-line learning, child-reported outcome measures, and health and fitness of children with disabilities.



Mark Harrast, MD is promoted to clinical professor. Dr. Harrast's clinical interests include overuse injuries and illnesses in runners and triathletes, as well as athletes with back pain--more specifically, the adolescent athlete with back pain/spondylolysis. He practices at the Sports and Spine Center at Harborview.



Maria "Rina" Reyes, MD is promoted to associate professor. Dr. Reyes specializes in spinal cord injury and neurologic rehabilitation as well as spasticity management. She is a provider at clinic at UWMC.



Josh Dyer, PhD is appointed as assistant professor. Dr. Dyer, clinical psychologist, specializes in self-management of illness/disability, pain management, health behavioral change, and anxiety and depression. He practices at our clinic at HMC.



David Morgenroth, MD is appointed as assistant professor. Dr. Morgenroth's primary clinical interests include amputee rehabilitation, electrodiagnosis, musculoskeletal and sports rehabilitation, clinical gait analysis and the rehabilitation of people with gait disorders. He is a provider at the VA medical center.



Valerie Kelley, PhD is promoted to associate professor. Dr. Kelly teaches courses in both the PhD in Rehabilitation Science and the Doctor of Physical Therapy programs. Her research focuses on mechanisms underlying movement impairments in people with Parkinson's disease.

Staff News

Marilyn Hall Announced as New Director of Finance and Administration

The Department is pleased to announce Marilyn Hall, MBA, as new Director of Finance and Administration for Rehabilitation Medicine. Marilyn has taken over for Ann Reite who retired this spring.

Marilyn is very well qualified for the position. From 2004-2008, she worked for the University of Washington as an administrator in the Department of Surgery at Harborview Medical Center. She managed the finances and grants/contracts in the Division of Trauma and Burn Surgery and managed the Plastic Surgery Division budget. She also has additional experience in the healthcare industry, having worked as a manager at Radiant Research and Gilead Sciences. She most recently worked at Evergreen Healthcare as Director of Operations for research. She received her MBA in June of 2012.



On her new position Marilyn says, "I am happy to be back at the University of Washington and working in the Department of Rehabilitation Medicine. I look forward to working with all of you."

Please join us in welcoming Marilyn to our team!

Ann Reite retires after 17 years as director

Ann Reite, Director of Finance and Administration for the Department of Rehabilitation Medicine, officially retired on June 3, 2013. Ann served as our director for nearly 17 years and worked with 3 different chairs (Drs. Walter Stolov, Larry Robinson, Peter Esselman) as well as Dr. Marge Anderson when she served as Interim Chair. Ann has been instrumental in the growth of our department, providing excellent guidance and fiscal advisement to our talented faculty and dedicated staff. Under her strong administrative and financial leadership, we have seen steady growth and expansion in many areas of our department.

When Ann began her career at the UW, Rehabilitation Medicine was a much smaller department. In 1996, there were 55 faculty members; today there are 125. On the research front, our grants have tripled. We now have 3 model systems of care – spinal cord injury, traumatic brain injury and burn injury. We have 2 research labs that are working on exciting discoveries in neuroprosthetics and x-link myotubular myopathy research. Regarding our clinical programs, we started a Sports and Spine Division that will soon have 11 physicians and 5 locations (UWMC, HMC, Seattle Children's, VA, and East Side Specialty Clinics). Our education and training program continues to grow exponentially - the number of fellows, post-docs and residents increases every year. Our Division of Physical Therapy became self-sustaining several years ago and has seen remarkable growth. Our other degree programs in Occupational Therapy and Prosthetics and Orthotics successfully transitioned from bachelor's to master's degrees. We started a PhD in Rehabilitation Science program and have added several new clinical fellowships, most recently pediatric rehabilitation, sports medicine and brain injury. 4 years ago, we relocated our administrative offices to the Ninth and Jefferson Building. We have re-done our website 3 times and our newsletter circulation reaches 1,000 alumni, colleagues, family and friends.



Ann Reite and Dr. Peter Esselman at Ann's farewell party.

At her retirement celebration on May 21st, Ann said, "It is with gratitude that I look back on a long career that began as a research assistant, then to epidemiology and auditing and finally health care administration. What a journey. I finally found myself at home in academic medicine. Where else can someone find so much satisfaction?"

Ann is one of the major reasons that our department remains a leader in the field. Please join the department in thanking Ann for her notable years of service and wishing her all the best in her retirement.

Alumni Corner

The following is an update from Diana Cardenas, MD, MPH. Dr. Cardenas was a professor and the chief of Rehabilitation Medicine at the UWMC.

“After years of living in the Northwest, I moved back south to The Sunshine State! In 2006 I became the Chair of the Department of Rehabilitation Medicine at the University of Miami. Miami is a very exciting city and the gateway to the Caribbean. I have had a great time building a new department and hiring faculty from across the country. And, I actually get to have lunch with my husband almost every day. He is the Chief of Medicine at the Miami VA which is directly across the street and the Clinical Chief of Infectious Diseases for UM.



Our department has 18 PM&R residents and 2 Spinal Cord Injury (SCI) Medicine fellows. Our major teaching hospitals are Jackson Memorial Hospital, a large county hospital with 4 CARF-accredited services, and the Miami VA. We have a strong clinical department and heavily involved with teaching trainees, medical students, and observers. Two years ago we were successful in getting funded by NIDRR as an SCI Model System (www.scimiami.med.miami.edu) and as PI, I get to see former colleagues at the project directors meetings. Last year we successfully competed for a TBI Model System. These two grants have been fabulous for such a young department which last year celebrated

10 years. We also conduct research with the University of Pittsburgh in an SCI Collaborative grant on wheelchair training/mechanics and recently collaborated with UW on the SCI multi-center venlafaxine trial. Other studies include the Miami Project's Schwann Cell Transplantation safety trial and a multi-center study of intrathecal gablofen.

I will turn to the rest of the family. My oldest daughter and her husband live in Brooklyn and have 2 kids, William (4 years old) and Isabel (18 months) pictured above. My youngest daughter and her husband who live in Pittsburgh are expecting a baby soon. We are all excited for the newest arrival.

Call for Alumni Updates

*We love to hear from our former students, residents, and fellows.
Please let us know what you've been up to!
Send an email to rnews@uw.edu with "Alumni Update" in the subject.
Photos are optional, but appreciated.*

Upcoming TBI Art Show

The University of Washington's TBI Model System, with the Brain Injury Association of Washington, is proud to present the 5th Annual TBI Art Show from September 8-29.

This event showcases the talented work of artists who have had to adjust their lives due to a traumatic brain injury.

For more information on the event, please visit the [TBI Art Show Facebook page](#).



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